



### Sea Lions Swim Team

**Ages: under 8-11+**

The team is centered on summer fun, stroke technique, and competitive swimming. The Sea Lions is part of the West Suburban Swim Conference that competes against seven area Park District and Recreation teams. The 7-week long season has daily practices with dual swim meets scheduled and is topped off with an end of the season Conference Championship meet. Max: 50. **Register by 5/29.** If interested in registering after this date, please contact the Park District's main office.

Code	Ages	Days	Dates	Time	Fee R/NR
750200-01	under 8	M-F	6/3-6/7	3:45-4:30pm	\$200/\$250
		M-F	6/10-7/20	10-11am	
750200-02	9-10	M-F	6/5-6/7	4:30-5:15pm	\$200/\$250
		M-F	6/10-7/20	9-10am	
750200-03	11+	M-F	6/5-6/7	5:15-6pm	\$200/\$250
		M-F	6/10-7/20	8-9am	

### things to know!

- Parents are required to attend the Parent Meeting in late May at 6:00pm at the Lions Park Pool Pavilion. Parents will receive the Team Handbook along with key information to make your swimmer's season a success.
- Swimmers are required to complete a swim test at the first team practice. Swimmers are required to swim 1 length (25 yards) of freestyle and backstroke unassisted. If the swimmer is unable to swim the required distance a refund will be issued. Swimmers need to be registered by the first day of practice to swim.
- Swimmers will swim freestyle and backstroke to record a time, which determines placement on the "A" or "B" teams.
- Parents are essential to making a swim meet happen. Each parent is required to volunteer for at least two dual meets for your swimmer to compete in a Conference Meet.
- Team suit and apparel is not required, but popular with swimmers. Visit the Sea Lions Swim Team Store at the Park District website. Order early!
- The team is centered on summer fun, stroke technique, and competitive swimming. The Sea Lions season is seven weeks long and has daily practices with dual swim meets scheduled topped off with an end of the season Conference Championship meet.

# cannonball pool party

Celebrate a special day at Lions Park Pool! Parties include use of the Lions Park Pavilion, swim time, food, and a party host to assist with setup and clean-up. Parents don't need to do a thing except have fun with the kids!

**Fee R/NR:..... \$340/\$425    Code:.....780200-02**



### This deluxe package includes:

- Party Host • 20 admissions • 90-minute swim time
- 3 cheese pizzas • Drinks • Dessert

### FAQs

- Party start time choices are 12pm and 3:30pm
- Attendees with season passes are included in the head count
- Parties must be booked in advance of date with full payment
- Five adults receive complimentary admittance
- Party groups must maintain an 8:1 child to adult ratio
- Party starts with the swim portion for 90-minutes followed up with the party portion for 60-minutes at the Pavilion