



senior interests

60⁺
SOCIAL
CLUB



JANUARY

National Popcorn Day BINGO

Start the new year by POPPING into the Park District for BINGO, popcorn, and prizes on National Popcorn Day. Max: 20.

Location: Community Center

Code	Day	Dates	Time	Fee R/NR
844100-50	F	1/19	1-2pm	\$6/\$7

Bunco & Bagels

Bunco is a fun dice game where players try to roll and score the most points over a series of rounds. It's fun and a lot of laughs with dice rolling and prizes. Max: 20.

Location: Community Center

Code	Day	Dates	Time	Fee R/NR
844100-32	Tu	1/23	10:30am-12pm	\$6/\$7

FEBRUARY

Monday at the Movies

Who doesn't love watching a good movie? Come chit-chat for a half-hour before the movie starts at 1pm. Snacks will be provided. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-34	M	2/26	12:30-3pm	\$3/\$4

BINGO & Bundt Cakes

Gather your friends and join us for a fun afternoon of BINGO, Bundt cakes, and prizes. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-33	Th	2/29	1-2pm	\$6/\$7

MARCH

Positive Aging: A Shift in your Mindset

Come listen to Jackie Sander Executive Director of The Birches talk on how aging is a journey for everyone, and how we choose to live today impacts how we live tomorrow. In this seminar you'll learn to enhance your mindset related to aging, the power of lifestyle choices, how to be in the driver seat of your

aging journey, and ways to embrace this journey with an open-minded attitude. Light snacks and refreshments will be served.



Code	Day	Dates	Time	Fee R/NR
844100-45	W	3/6	1-2pm	Free

Crafty Corner

We're back! Come to the Community Center on Thursday morning for Crafty Corner after a long winter hiatus. Each crafter will design a seasonal craft to display at home or gift to a friend. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-37	Th	3/7	10:30-11:30am	\$8/\$10



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3.14 Pi Day BINGO

March 14th is Pi Day, an annual celebration of the mathematical phenomenon. The 60+ Social Club will celebrate with a slice of pie and prizes. Each participant will enjoy sampling a variety of pies while they wait for their lucky BINGO number to be called. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-36	Th	3/14	1-2pm	\$6/\$7

Asking the Correct Questions!

Choosing an **assisted living community** is hard. Mary Ferguson, Birches Community Outreach Director, is available to answer questions and help when it comes to finding the ideal assisted living community. Ask questions regarding assisted living communities so you can find the right fit for your loved ones or even yourself. We will meet at The Birches for questions and answers, then enjoy lunch served by the chefs from The Birches.



Code	Day	Dates	Time	Fee R/NR
844100-46	M	3/18	11am-1pm	FREE

Bunco & Bagels

Let's play Bunco! Grab a bagel and the dice and let's have fun. Prizes will be given out to the person with the most Buncos, the winner, and our loser. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-35	Tu	3/12	10:30am-12pm	\$6/\$7

Bunny Treats

Hop on over to the Culinary Kitchen and celebrate the Easter season with Chef Eleni. During this class you will make carrot muffins and holiday sweet treats. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-38	W	3/20	11am-12:30pm	\$22/\$28

APRIL

Memory Café – April

Memory Cafe is a social gathering for individuals living with dementia and their care partner. Take advantage of these fun BINGO days to connect

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The Birches
Assisted Living & Memory Care

with others in our community affected by dementia.
Registration is required.
Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-47	W	4/3	1-2pm	Free

Spring Brunch

Chef Eleni will take you step by step on how to prepare a springtime brunch spread including mimosas. Invite your friends along for a cheerful morning! Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-42	Tu	4/9	11am-12:15pm	\$25/\$30

Lunch Out on the Town

The 60+ Club is on the move to our local restaurant, Il Mio, which is located in the heart of the town. The fee includes an appetizer, lunch, and dessert. We will meet at the restaurant!

Code	Day	Dates	Time	Fee R/NR
844100-43	Th	4/11	2:45pm	\$26/\$32

Ceramics with Nadine

The Park District is excited to announce a new class with a local business, Ceramics with Nadine. Nadine will provide spring themed pottery to choose from, and each workstation will have paints and brushes for you to design your pottery. Once completed, Nadine will fire in a ceramic kiln off site, and pieces will be ready for pick up at the Community Center ten days from the class. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-40	W	4/17	11am-12pm	\$28/\$35

Positive Aging: The Power of Language

One thing we have learned as we age is that words matter! Join us for this uplifting and empowering discussion on how to recognize ageism and how our self-talk impacts the way we age. The power of language can improve our lifestyle choices so we can age better! Join us to learn strategies for positively



impacting your approach to aging. Light snacks and refreshments will be served. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-48	W	4/17	1-2pm	Free

BINGO & BBQ

Come for an afternoon of food, fun, and prizes. We'll play BINGO and have a tasty barbecue light lunch. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-41	Th	4/18	1-2pm	\$8/\$10

Bunco & Brownies

Let the good times roll!!! Come to the Community Center for a good time, good laughs, good friends, and Bunco. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-39	W	4/24	1-2:30pm	\$6/\$7

Gardening

Come join us for a fun afternoon at the Park District which will include gardening, food, and drink. We will plant some herbs while learning from our chef how to cook and season with the herbs. Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-44	Th	4/25	1-2:15pm	\$18/\$22



MAY

Pickleball Workshop

Our favorite pickleball coach Larry will teach basic skills of the new sport everyone is talking about. He will review the rules and scoring of the game. Pickleball equipment will be provided. Min/Max: 3/10.

Location: Prospect Park Pickleball Courts

Beginner Workshop

This workshop focuses on the development of skills necessary to play pickleball.

Code	Day	Dates	Time	Fee R/NR
841100-21	Th	5/2	1-2:30pm	\$25/\$32

Intermediate Workshop

This workshop is for players who have some experience and those looking to fine-tune the game with advanced skills.

Code	Day	Dates	Time	Fee R/NR
841100-22	Th	5/9	1-2:30pm	\$25/\$32

Memory Café – May

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with others in our community affected by dementia.

Registration is required.

Max: 20.

Code	Day	Dates	Time	Fee R/NR
844100-49	W	5/15	1-2pm	Free